

Systemic fluoride supplementation can be prescribed using the following dosage schedule:

Level of Fluoride Found in the Water

Patient's age	Less than 0.3ppm	0.3-0.6 ppm	More than 0.6 ppm
0-6 months	0 mg F	0 mg F	0 mg F
6 months-3 yrs.	0.25mg F	0 mg F	0 mg F
3 yrs. – 6 yrs.	0.50 mg F	0.25 mg F	0 mg F
6 yrs. – 16 yrs.	1.00 mg F	0.50 mg F	0 mg F

If you wish any water sample to be analyzed for fluoride content, please call 860 679-2805.